

TriYoga® with Yogini Kaliji

Immerse in Meditative Flow®
Asana • Pranayama • Mudra

VIENNA • JUNE 11-13, 2021

Alignment Assistance: Rishi and Santoshi

Friday 18.30–21.30

Saturday 9.30–12.30, 14.30–17.30

Sunday 9.30–12.30, 14–17

Translation by Mitradeva

Yogaflow, the precise flow of asana, pranayama and mudra, has the inherent qualities of relaxation-in-action, wavelike movements, rhythmic pacing, economy of motion, alignment maintained and expansion in all directions.

TriYoga is shared in 40+ countries by over 2,250 certified teachers, with 65 TriYoga centers established.

Kaliji is internationally renowned as a yogini, founder of TriYoga, and an advocate for animal rights. She is a member of Chant Club®, a chant rock ensemble presenting Sanskrit chants. Kaliji's presence, her mastery of the flow and the ageless wisdom inherent in TriYoga have inspired countless people worldwide.

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YOGA AUSTRIA - BYO

BERUFSVERBAND DER YOGALEHRENDEN IN ÖSTERREICH
Mitglied der Europäischen Yoga-Union (EYU)

Total hours

20 UE (45 min per UE)

Address

zeiTraum. Bandgasse 34/29c
(at Burggasse) 1070 Vienna

Price

€230 for members of
Yoga Austria-BYO
€260 for non-members

Registration

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